

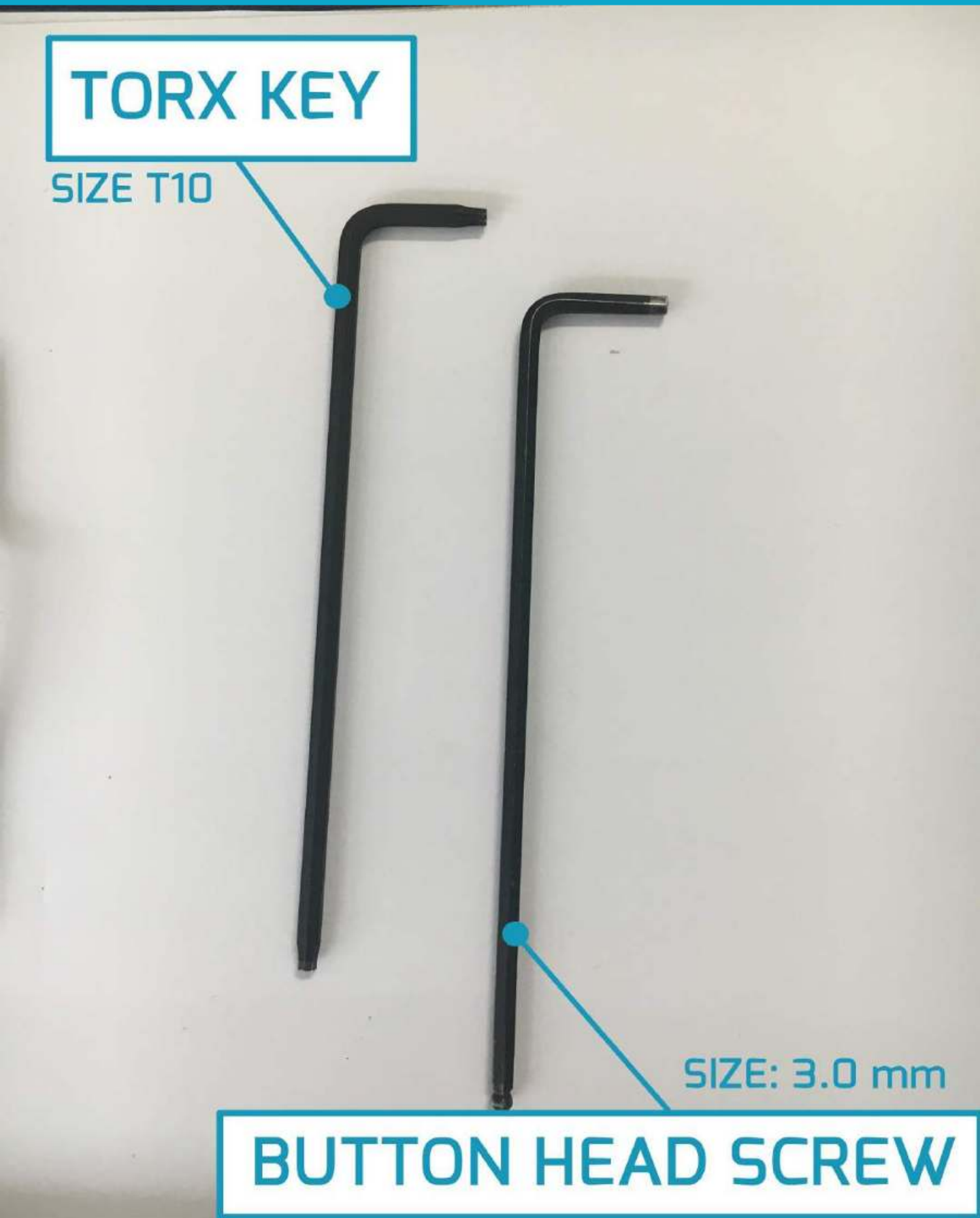
revvll® ONE

SERVICE BOOKLET

MAINTENANCE | DISASSEMBLY | ASSEMBLY

Aerobis FITNESS EQUIPMENT

REQUIERED TOOLS



revvll® ROPE RESISTANCE TRAINING ONE

SPARE PARTS



00.0000698
HEXAGON SOCKET HEAD CAP SCREW



005.410012
SHAFT



00.0000215
BUTTON HEAD SCREW



005.025658
BOLT



005.280061
ROLLS



005.020091
BRAKE DISC



00.4000277
AXIAL BEARING



005.385148
DRUM



005.220041
PLATE 1



005.046889
COVER



00.6000222
HOOK



005.305702
INSULATING



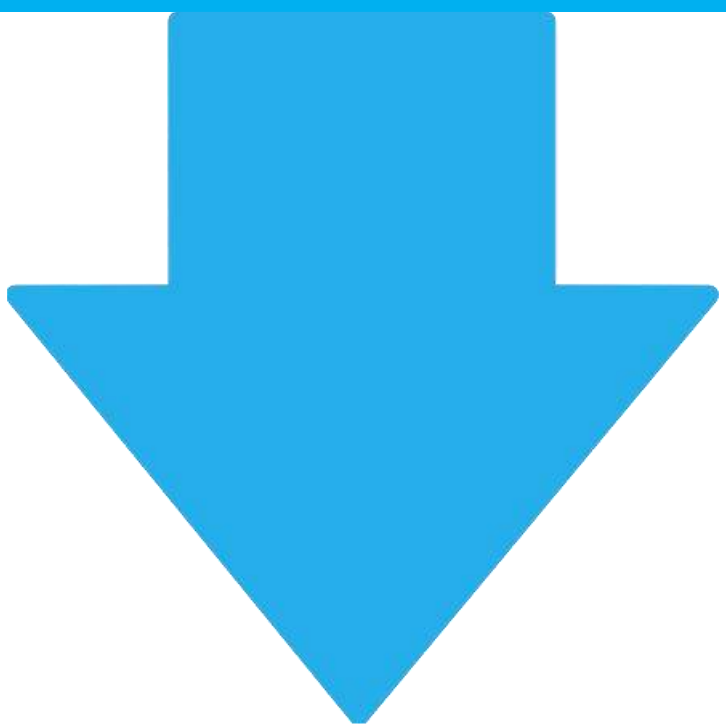
005.335034
ROPE

BASIC INFORMATION:

In order to facilitate the handling and to keep the contamination of the rope (005.335034) low, it can be folded into loops.

In addition, the hook (00.6000222) can be removed at any time without prior steps.

SERVICE BOOKLET





revvll® ONE
DISASSEMBLY

1.

Remove the four button head screw for plastic (00.0000698) that connect the cover (005.046889) to plate 1 (005.220041). For this purpose, a torx key size T10 is required, or alternatively, a cordless screwdriver with T10 bit. The cover can now be removed.







2.

Then you can loosen the four Hexagon socket head cap screw (00.0000215) from plate 1 (005.220041). For this purpose, a torx key for the size of 3.0mm Allen key is required, or alternatively, a cordless screwdriver with a corresponding bit.
Subsequently, the plate 1 (005.220041) can be removed.







3.

To remove the brake disc (005.020091), loosen the two Button head screws for plastic (00.0000698). For this, the torx key with T10 is needed again.







4.

Now you can remove the inserted bolts (005.025658) and with them the rollers (005.280061). To disassemble the cable drum (005.385148), unscrew the shaft (005.410012). This can be done by turning the shaft (005.410012) itself or by rotating the knob (00.6020014) on the back. If the shaft (005.410012) is disassembled, the cable drum (005.385148), the axial bearing (00.4000277) and the rope (005.335034) can also be removed.







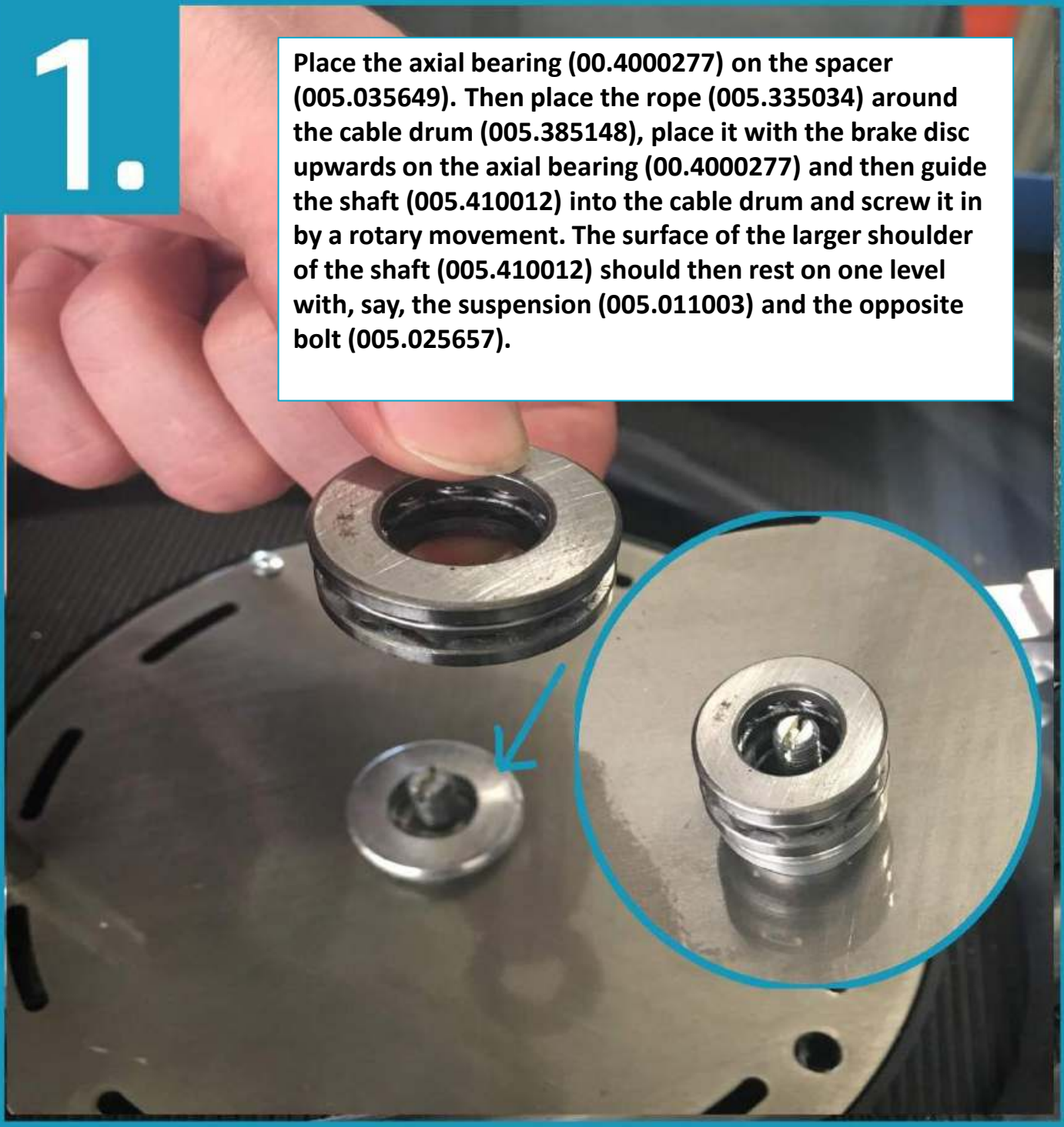


revvll® ONE

ASSEMBLY

1.

Place the axial bearing (00.4000277) on the spacer (005.035649). Then place the rope (005.335034) around the cable drum (005.385148), place it with the brake disc upwards on the axial bearing (00.4000277) and then guide the shaft (005.410012) into the cable drum and screw it in by a rotary movement. The surface of the larger shoulder of the shaft (005.410012) should then rest on one level with, say, the suspension (005.011003) and the opposite bolt (005.025657).









2.

Insert the two rolls (005.280061) onto the bolts (005.025658) and then into the holes of the plate 2 (005.220042). The bolts will still be slightly inclined, as they are pressed by the round cord to the outside.





3.

Fasten the brake disc (005.020091) to the cable drum (005.385148) with two Button head screws (00.0000698). For this purpose, a torx key with T10 size, or a screwdriver with a corresponding bit is required.





4.

The plate 1 (005.220041) is now attached to the shaft (005.410012) with two hexagon socket head cap screws (00.0000215) and aligned so that the small recess coincides with the suspension (005.011003).

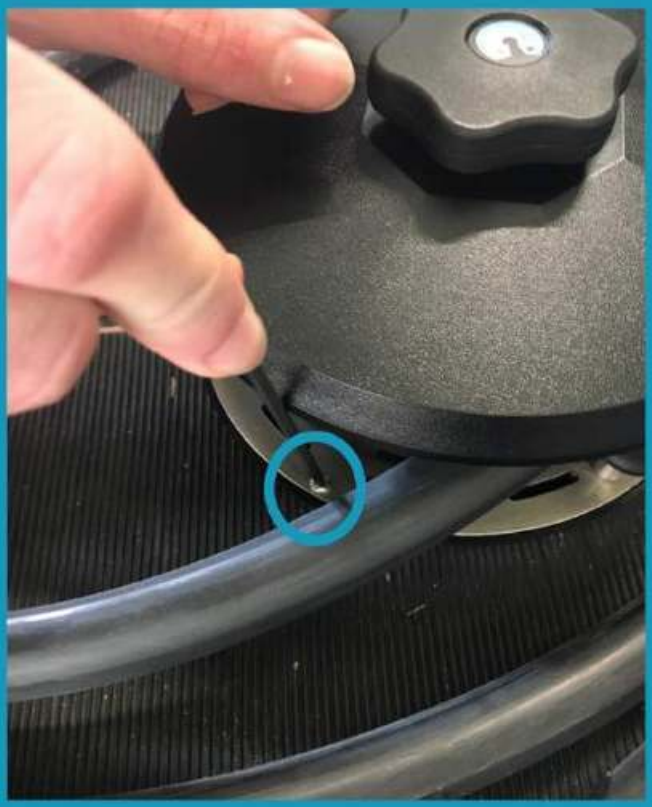
The two slanted bolts (005.025658) must now be pressed in the direction of the shaft (005.410012) so that they coincide with the two semicircular outlets of the plate 1 (005.220041). In the same step, the two halves of the device must be pressed together, so that the bolts (005.410012) are also guided into the plate 1 (005.220041). Now you can use the two Hexagon socket head cap screw (00.0000215) to attach plate 1 (005.220041) to the suspension (005.011003) and the opposite bolt (005.025657).





5.

Finally, the device is placed in the cover (005.046889) and secured with the Button head screw for plastic (00.0000698).The hook (00.6000222) can be attached or removed at any time.





NOTES:

TYPICAL APPLICATION ERROR

The adjustment mechanism

Please make sure that you do not overtighten the adjusting wheel of the revvll ONE. The maximum or minimum resistance is already adjustable / achievable with very little effort.

CAUTION:
If the gear is pulled too tight, the adjusting mechanism is blocked and the adjusting wheel can no longer be turned by hand!

SOLUTION:
The adjusting wheel can be loosened again with the aid of a pair of hand pliers so that the wheel can be turned again.

Our Motto:

Before, between and after your revvll training,
Fingertip.

During your revvll training, get into the
BEAST MODE!!!

Serviceform

revvll® ONE

Please send us the defective revvll ONE together with the completed service form. By completing the form, you help us to shorten the processing time of the complaint significantly. **Thank you in advance for your help!**

Sender:

Date of purchase:

Error Description:

Return address:

(Complete address with contact person)

Please send us the defective revvll ONE to the following address:

aerobis Service Center
c/o Carl Stahl Kromer GmbH
Nägelseestraße37
D-79288 Gottenheim

We aplologize for the inconvenience you have and assure you a fast handling of the complaint!

With sporty greetings

Your revvll service team

www.aerobis.com

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